Trials in Real Life: Not Black and White, But Grey All Over

Panelist: Margaret Loniewska

Rethink Breast Cancer, Patient Key Collaborator, MBC Patient Advisory Board



INTRODUCTION



Pregnant with Stage 4
Breast Cancer

Receiving chemo while pregnant

Joining Rethink as a member of the MBC Patient Advisory Board Living with MBC

2019

Researcher diagnosed with Metastatic Breast Cancer (MBC) while pregnant in 2019 at the age of 40.



2020

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Margaret Loniewska

Clinical Trials and Exclusions

- Cancer stage often excludes patients from clinical trials especially stage 4 or terminal
- Other conditions like pregnancy and diseases are also common exclusions
- Trials tend to recruit a small subpopulation of patients which end up not being representative
- Exclusions often are unnecessary scientifically



Description

ord Dates

Inclusion Criteria:

Women with primary pathologica.

Exclusion Criteria:

- · breast cancer recurrence
- in situ CDIS or LDI
- inability or unwillingness to give
- · difficulty to comply with the int
- · lack of willpower to change the
- inability or unwillingness to cor
- medical condition that prevents psychiatric, neurological or end foods of the intervention (EVO) EVO intake
- · immunodeficiency or HIV-posit
- concomitant condition that lin
- difficulty or impossibility for
- institutionalized patients wit
- · impossibility for attendin
- a impossibility for attending
- DMI>40
- Patients with acceptudy three

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Clinical Trials Position Paper

Rethink collaborated with MBC patients to encourage the clinical trials community to reevaluate the long-standing practices to exclude metastatic patients from clinical trials

- Inclusion in trial design: Engaging trained patients early in the process.
- Relevance: Designing trials that align with the current treatment landscape.
- Accessibility: Using plain language and removing unnecessary barriers to participation.
- Representation: Ensuring diversity in age, race, gender, and lived experience.
- Recruitment: Putting patient priorities at the center of trial outreach and engagement.
- Clinical trial access: Considering people as individuals with a spectrum of needs and abilities.



- 1. https://ctontario.ca/rethink-breast-cancer-and-clinical-trials/
- 2. https://rethinkbreastcancer.com/articles/metastatic-breast-cancer-clinical-trials