



# The Next Generation of Lived Perspectives in Clinical Trials

Trinity Lowthian



# agenda



ABOUT ME

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INVOLVEMENT

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HOW YOUTH CAN  
CONTRIBUTE TO RESEARCH

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MOTIVATIONS

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KEY TAKEAWAYS

# about me

- Completing Honours Bachelor of Nutrition & Food Sciences at the University of Ottawa
- Team Canada para-fencer & Team Ontario para-nordic skier
- Patient experience since pediatrics
- Research interests: quality of life, disability sport & participation, nutrition support



# involvement

YOUTH PARTNER

The Canadian Collaborative for Childhood Cannabinoid Therapeutics; Increasing capacity for Maternal and Paediatric Clinical Trials

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PATIENT PARTNER

CIHR IMHA; Clinical Trials Ontario

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YOUTH ADVISOR

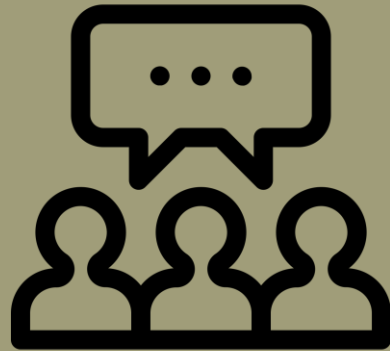
School-Based Disability Awareness Programs (Scoping Review); Empowering Youth in Health Research (Collaborative Review); Adolescents with Chronic Pain (Cross-sectional Survey)

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# motivations



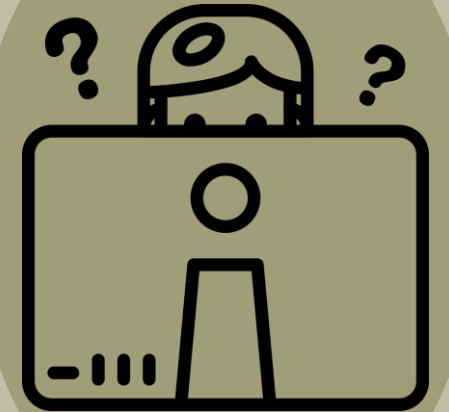
FUELED BY  
EXPERIENCE



SHARING  
PERSEPECTIVE



CAREER SKILLS



PASSION

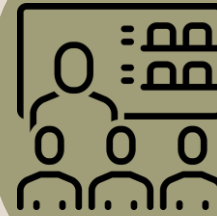
# how youth can contribute to research



PROVIDE OPINIONS!



PERFORM  
RESEARCH



PRESENT AT  
CONFERENCES



CO-AUTHOR  
PUBLICATIONS



CREATE SOCIAL  
MEDIA CONTENT



DESIGN STUDY  
MATERIALS



COMMITTEE  
MEMBER



SO MUCH MORE!

# key takeaways

What is important to patients may be different than what is important to a researcher

Involving youth in the planning stages is crucial to ensure the study is beneficial to patients

Youth perspective gives “insider information” for knowledge translation to the general population

Provide learning opportunities to youth partners

Abundance of resources available to guide practices.



thank you

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